

The Martyr

Second Sunday of Lent – Saint Gregory Palamas

March 15, 2009

Volume 20

A parish bulletin ~ deadline Thursday Evening @ 6 PM <StGeorgeTrumbull@aol.com>

In Memoriam

40 days ~ *Nina Denisevich, Ruth Cryan,
John Babich, Jean Thanas*

15 *Pandora Nastes Nicholas (1999)*

16 *Ligor Lazar (1951)*

Harriet Atanas Lambert (2001)

19 *Maria Karaja (1984)*

20 *James N. Vani (1951)*

Naum Nicholas (1952)

Ilo Vasil (1980)

*Efthemia (Thimika) G. Vasil
(1995)*

Coffee Hour: Building Community

Today ????

Mar. 22 ????

Mar. 29 Babich Family in memory of John
Call Laura Chadwick 268-2865 to sponsor a coffee hour

Teuta News/Information

March 22nd - Teuta Meeting: **Vi Bowe** collecting
2009 membership dues

Prayers for Blessings

Christy Adams; Joyce Athanas; John Balga;
Elvira Chadwick; Charles Michael Csernica;
Monica Demetri; Charles Dougiello, Sr.; Bob
Herman; Richard Hirst; Nicholas
Hotova; Diane Hoffmeyer; the child
Aisalyn Hurd; William Kohlbacker;
Violeta Kosdandini; Meni Kyriacou;
Katherine LaBache; Christy Lambert;
Elizabeth Lambro; ; Rita Lazar;
Dhimitra Leka; John Louis, Sr.; Louise
Moran; Theodore Morrison; Meropi
(Mary) Nichio; Minnie Phostole;
Pandora Plasa; Eleanor Polena; Mark
Sabatino; David Schutte; Gloria Simo;
Tessie Sotir; Joanne Tallcouch; Peter Thanas;
Mary, Peter Themel; Allana, Christy, Stephen &
Leonora Thomas; Vincent J. Torre; Mitchell
Trotta; Aphrodita (Rita) Vangel.

As a community of Faith our prime responsibility is to support one another – in both faith and action. Prayer combines both. Please submit the name of the person for whom you wish to pray – and remember that when the prayers have been answered, to take that name off the list as well



- ❖ Let our fasting be accompanied by the refusal to indulge in judgment and criticism of others: gossip, slander, suspicion and innuendo, all that is hateful to God.
- ❖ Let us fast from meat, as we fast from the carnality of hatred and resentment of others, which is the source of our passions, pain and addictions.
- ❖ Let us fast from cheese, as we cut out the bitterness that curdles the joy in our lives, the pure milk of love.
- ❖ Let us fast from eggs, so that the seeds of corruption do not hatch in our souls.
- ❖ Let us fast from oil, so that we do not grease our lips to slander and fry our neighbor.
- ❖ Let us fast from wine, that we might remain sober and watchful, to maintain the purity of our souls, minds and hearts.
- ❖ Let us make this Lent a spiritual fast, so that purified in mind and heart, as well as in body, we might behold the radiant Resurrection of Christ in the reception of the Holy Mysteries at Pascha,
Metropolitan Jonah

Our Medical Missionary

We are pleased to learn that our medical missionary, Dr. Louis Theodos, has returned safely from his trip to Guatemala. We look forward to his sharing his trip in words and photographs!

Pussy Willows

Once again we will be needing pussy willow braches – 18”to 24” long – for our Services marking the Lord’s Entry into Jerusalem. The Gospel says that those who went out to meet Jesus came with “palms and branches of trees.”

Up-coming Events/Services

- Today 9:30 AM Church School
10 AM Liturgy – St. Gregory Palamas
**4:00 PM Pan-Orthodox Vespers at
St. John (Broadbridge Ave.,
Stratford)**
- Mar. 16 7PM Parish Council
Mar. 19 7:30 FORCC Meeting @ St. George
Mar. 21 5:00 PM Great Vespers followed by
personal confession.

Labor of
LOVE

This month’s Collection is to provide financial support for
Orthodox Missions (OCMC)
Or you can use your own coin box – available at center table

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- Mar. 22 9:30 AM Church School
10 AM Liturgy – Sunday of the Cross
4:00 PM Pan-Orthodox Vespers at St. Nicholas Orthodox Church, Park Ave., Bpt.
- Mar. 25 9:30 AM Liturgy: **Annunciation**
- Mar. 28 1:30 PM Women’s Council at Holy Ghost Church
NO SATURDAY VESPER
- Mar. 29 10 AM Liturgy – St. John of the Ladder
4:00 PM Pan-Orthodox Vespers at St. George, Trumbull.
- Apr. 04 5:00 PM Great Vespers followed by personal confession.
- Apr. 05 9:30 AM Church School
10 AM Liturgy – Sunday of Mary of Egypt.
4:00 PM Pan-Orthodox Unction – St. Mary’s Nativity – Waterbury – Bishop NIKON scheduled to preside.
- Sat. 11 9:30 AM Liturgy: Lazarus Saturday.
5 PM Vespers followed by the preparation of palms and pussy willows
- Sun. 12 9:30 AM General Confession & Church School
10AM Liturgy” Entrance of the Lord into Jerusalem (“Palm Sunday”)
7PM Bridegroom Matins
Rest of holy week next week

Women’s Council

The Women’s Council of Eastern Orthodox Churches of Greater Bridgeport will hold its next regular monthly meeting on Saturday, March 28, 1:30 pm at Holy Ghost Church, 1510 East Main Street, Bridgeport.

Our Guest Speaker will be Bob Klancko. Since Biblical knowledge is an essential part of our faith, and all we do is based on the Bible, Bob will take us on a journey with the Bible. From his extensive collection of Bibles, he will trace its history and embellish it with copies for all to see and examine. He will also explain why the Gospels are used in our services and show examples of antique Gospels of the past.

Helpers or Honkers?

A woman driver had the misfortune of having her car stall in heavy traffic. Furthermore, she could not get it started. A man in the car behind her expressed his impatience by blowing his horn every few seconds. Finally, the perturbed and shaken lady got out of the car, walked to the honker’s car and said, “I am having difficulty starting my car. I’ll make you this proposition: if you try to start my car for me, I’ll honk your horn for you.”

There are a lot more honkers than helpers. The reason – it is easier to honk than to help, to talk than to work, to criticize than to assist.

If you really want to help your fellow man, lift a hand – and that includes taking yours off the horn. When we are stalled out there on life’s highway, we are indeed thankful that God does not blow a horn at us. Instead, He helps us. In recognition of His help, the Psalmist said, “My help cometh from the Lord, which made Heaven and Earth. He will not suffer thy foot to be moved: he that helpeth thee will not slumber” (Psalms 121:2,3).

From the St. Dimitrie Church “Glad Tidings”

Furniture/Household items Needed

This is a very exciting time for many VA Connecticut veterans who have been homeless. Soon they will be moving into their own apartments.

Furniture in good (lightly used) condition and household items are needed to make these apartments a home.

If you have items to donate please call **Jennifer DeGaetano** at the Errera Community Care Center at (203) 500-5613.



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