

Pro-Liturgy (“Typika”)

as served without the presence of a priest

A Service to be prayed at home, if we are unable (for some “cause worthy of a blessing”) to go to Church for the Divine Liturgy Standing in a place appropriate for prayer, before the Holy Icons, we begin:

Through the prayers of our Holy Fathers, O Lord Jesus Christ, our God, have mercy on us and save us. Amen.

Lord have mercy, Lord have mercy, Lord have mercy.

The First Antiphon

Bless the Lord, O my soul! Blessed are You, O Lord! Bless the Lord, O my soul! And all that is within me, bless His holy name! Bless, the Lord, O my soul! And forget not all His benefits! Who forgives all your iniquity, who heals all your diseases! The Lord is compassionate and merciful, long-suffering and of great goodness! Bless the Lord, O my soul! Blessed are You, O Lord!

Lord have mercy, Lord have mercy, Lord have mercy.

The Second Antiphon

Glory to the Father and to the Son and to the Holy Spirit. Praise the Lord, O my soul! I will praise the Lord as long as I live; I will sing praises to my God while I have being. Put not your trust in princes, in sons of men in whom there is no salvation. When his breath departs he returns to his earth; on that very day his plans perish. The Lord will reign forever; Your God, O Zion, to all generations.

Now and ever and unto ages of ages. Amen. Only-begotten Son and Immortal Word of God. Who for our salvation willed to be incarnate of the holy Theotokos and ever-virgin Mary, Who without change became man and was crucified, Who is one of the Holy Trinity, glorified with the Father and the Holy Spirit: O Christ, our God, trampling down death by death, save us!

Lord have mercy, Lord have mercy, Lord have mercy.

The Third Antiphon

- In Your Kingdom remember us, O Lord, when You come in Your Kingdom. Blessed are the poor in spirit, for theirs is the Kingdom of Heaven.
- Blessed are those who mourn, for they shall be comforted.
- Blessed are the meek, for they shall inherit the earth.
- Blessed are those who hunger and thirst after righteousness, for they shall be filled.
- Blessed are the merciful, for they shall obtain mercy.
- Blessed are the pure in heart, for they shall see God.
- Blessed are the peacemakers, for they shall be called the sons of God. Blessed are those who are persecuted for righteousness' sake, for theirs is the Kingdom of Heaven.
- Blessed are you when men shall revile and persecute you, and shall say all manner of evil against you falsely for my sake.
- Rejoice and be exceedingly glad, for great is your reward in heaven.

Then, immediately, the following:

O Come, let us worship and fall down before Christ,

If it is Sunday: who rose from the dead,

If it is a weekday: who is wonderful in His saints,

If it is a Feast of the Theotokos: through the prayers of the Theotokos,

O Son of God, save us who sing to You: Alleluia!

Then we read the appointed troparia and kontakia, if the texts are available to us.

Through the prayers of our Holy Fathers, O Lord Jesus Christ, our God, have mercy on us and save us. Amen.

The Trisagion (Thrice-Holy) Hymn

- Holy God, Holy Mighty, Holy Immortal, have mercy on us.
- Holy God, Holy Mighty, Holy Immortal, have mercy on us.
- Holy God, Holy Mighty, Holy Immortal, have mercy on us.
- Glory to the Father, and to the Son, and to the Holy Spirit, now and ever and unto ages of ages. Amen. Holy Immortal, have mercy on us.
- Holy God, Holy Mighty, Holy Immortal, have mercy on us.

We read at this time the Daily Epistle and Daily Gospel Readings.

Lord have mercy, Lord have mercy, Lord have mercy.

Remembrance Verses

Remember us, O Lord, when You come in Your kingdom. Remember us, O Master, when You come in Your kingdom.

Remember us, O Holy One, when You come in Your kingdom

The heavenly choir praises You and says: Holy, Holy, Holy, Lord of Sabaoth; heaven and earth are full of Your glory.

Come unto Him, and be enlightened and your faces shall not be ashamed.

The heavenly choir praises You and says: Holy, Holy, Holy, Lord of Sabaoth; heaven and earth are full of Your glory.

Glory to the Father, and to the Son, and to the Holy Spirit.

The choir of Holy angels and archangels, with all the heavenly hosts praises You and says: Holy, Holy, Holy, Lord of Sabaoth; heaven and earth are full of Your glory.

Both now and ever, and unto the ages of ages. Amen.

The Confession of Faith (The Creed)

- I believe in one God, the Father Almighty,
- Maker of heaven and earth, and of all things visible and invisible.
- And in one Lord Jesus Christ, the Son of God, the only begotten, begotten of the Father before all ages.
- Light of Light; true God of true God; begotten, not made; of one essence with the Father, by Whom all things were made;
- Who for us men and for our salvation came down from heaven and was incarnate of the Holy Spirit and the Virgin Mary and became man.
- And He was crucified for us under Pontius Pilate, and suffered, and was buried. And the third day He rose again, according to the Scriptures, and ascended into heaven, and sits at the right hand of the Father;
- And He shall come again with glory to judge the living and the dead; Whose Kingdom shall have no end.

- And in the Holy Spirit, the Lord, the Giver of Life, Who proceeds from the Father; Who with the Father and the Son together is worshipped and glorified; Who spoke by the prophets.
- In one Holy, Catholic and Apostolic Church. I acknowledge one baptism for the remission of sins. I look for the resurrection of the dead, and the life of the world to come. Amen.

A Prayer of Forgiveness

Loose, remit, forgive, O God, our transgressions, voluntary and involuntary; whether of word or of deed; whether of knowledge or of ignorance; whether of the day or of the night; whether of the mind or of the intention: forgive us everything, for You are good and love mankind.

The Lord's Prayer

Our Father, who art in heaven, hallowed be Thy name.
 Thy kingdom come;
 Thy will be done on earth as it is in heaven.
 Give us this day our daily bread,
 And forgive us our trespasses as we forgive those who trespass against us.
 And lead us not into temptation,
 But deliver us from evil.

Through the prayers of our Holy Fathers, O Lord Jesus Christ, our God, have mercy on us and save us. Amen.

Lord, have mercy. (Twelve Times)

O All-Holy Trinity, the consubstantial dominion, the indivisible Kingdom, and cause of every Good: Show Your good will even to me a sinner; make steadfast my heart and grant it understanding, and take away from me every defilement; enlighten my mind that I may glorify, hymn, worship, and say: One is Holy, One is Lord, Jesus Christ, to the Glory of God the Father. Amen. Glory to the Father, and to the Son, and to the Holy Spirit, both now and ever, and unto the ages of ages. Amen.

Psalm 33

- * I will bless the Lord at all times, His praise shall continually be in my mouth.
- * In the Lord shall my soul be praised; let the meek hear and be glad.
- * O magnify the Lord with me, and let us exalt His name together.

- * I sought the Lord, and He heard me, and delivered me from all my tribulations.
- * Come to Him, and be enlightened, and your faces shall not be ashamed.
- * This poor man cried, and the Lord heard him, and saved him out of all his tribulations.
- * The angel of the Lord will encamp round about them that fear Him, and will deliver them.
- * O taste and see that the Lord is good; blessed is the man that hopes in Him.
- * O fear the Lord, all you His saints; for there is no want to them that fear Him.
- * Rich men have turned poor and gone hungry; but they that seek the Lord shall not be deprived of any good thing.
- * Come you children, listen to me; I will teach you the fear of the Lord.
- * What man is there that desires life, who loves to see good days?
- * Keep your tongue from evil, and your lips from speaking guile.
- * Turn away from evil, and do good; seek peace, and pursue it.
- * The eyes of the Lord are upon the righteous, and His ears are opened to their supplication.
- * The face of the Lord is against them that do evil, utterly to destroy the remembrance of them from the earth.
- * The righteous cried, and the Lord heard them, and He delivered them out of all their tribulations.
- * The Lord is near to those that are of a contrite heart, and He will save the humble of spirit.
- * Many are the tribulations of the righteous, and the Lord shall deliver them out of them all.
- * The Lord keeps all their bones, not one of them shall be broken.
- * The death of sinners is evil, and they that hate the righteous shall do wrong.
- * The Lord will redeem the souls of His servants, and none of them will do wrong that hope in Him.

Megalynarion:

It is truly meet to bless you, O Theotokos,
Ever-blessed and most pure, and the Mother of our God.
More honorable than the Cherubim, and more glorious beyond compare
than the Seraphim:

Without defilement you gave birth to God the Word:
True Theotokos, we magnify you.

Glory to the Father, and to the Son, and to the Holy Spirit, both now and
ever, and unto the ages of ages. Amen.

Lord, have mercy. (Thrice)

O Lord, Bless us

You that rose from the dead, O Lord Jesus Christ, Son of God, through the
prayers of Your most pure Mother, of our holy and God-bearing fathers, of
Saint George, the Patron of our Parish, of _____ (saints of the day), and all the
saints, have mercy on us and save us, for You are good and the Lover of
mankind.

Amen.

Text graciously shared by the Archpriest John Hopko.